

## FROM FEAR



If we rely on Psychoanalysis (Analytical Psychology); looking for a solution through the subconscious of Sigmund Freud (Austrian) with his "Will of Pleasure" and Gustav Jung (Swiss) "Will Pamper" with Analytical Psychology; these two currents confronted with the Vienna School and his father Logotherapy Viktor Frank (German), "Will of meaning" (as the primary motivation of being), generating between the two trends of Transference and Counter-Transference of the past. Taking the Projection (present) as a defense Mechanism (attributed to others).

Then the fear generated by uncertainty (lack of boundaries) in the person, that is contained in "Protective Factors", such as religion, NLP and detachment mainly such emotional restraint must be "Significant" to the person "Guardians of Resilience" that give either safety achievements, support, experience where significant figure in our life story etc.

As this individual defensive Blocking acts done (prejudice) or hiding by the "Double Sealed" (what silent silent) or instrumentalized their baseness blaming the other for the responsibility for their actions "Scapegoat" which evidence envy is the engine of evil.

Here should appear conciliatory Resilience as an instrument because it contains emotional control that stops the fear and slows the momentum (relevant public image) and detachment that differentiates between fact and think, giving value to the Sense of Humor and NLP (as faith or hope), whose parents are Richard Bondler psychologist and John Grinder (linguist and anglicist) both Americans.

I leave open some questions:

- Why the victim commits suicide to get rid of:
  1. Captor.
  2. Torturer.
  3. Rapist.
- It does after overcoming the situation?
- In what supported his "Temporary Resilience"?

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#### **REFERENCE OF THIS TEXT**

 *From Fear*, Muñoz Serra, Victoria Andrea, Website: Victoria Andrea Muñoz Serra ([http://www.victoria-andrea-munoz-serra.com/coaching\\_integral\\_ingles.html](http://www.victoria-andrea-munoz-serra.com/coaching_integral_ingles.html)), Concepción, Chile, September 2013.